

July 11, 2010 NEWSLETTER



HOTLINE: 963-5664

WEB SITE: www.websterwavesswimming.com

GOOD JOB!

The divers dove well against a super strong Ballwin team. Though they lost, Coach Kristen said that there were extremely small differences between first and second place scores in most age categories, so we should be able to take them at Conference. Swimming only got through the freestyle events before being rained out. Keep up the good work! The prize is in sight!

WHO WAS THAT?

You may have noticed a new face coaching diving last week. Shannon Toomey was substituting for Julia during her vacation. Here's a little background on Shannon. She dove for the municipal summer league since age 7 for the Ellisville, Ballwin, and Chesterfield teams, and went on to dive all four years at Lafayette High School. The summer before her senior year of high school, she began diving for the St. Louis Dive Club Team at Rec Plex in O'Fallon. She currently dives at the University of Nebraska and summers for Clayton Diving Alliance. We'd like to thank Shannon for stepping up to fill in and to Kristen for assuming head dive coach tasks for the Ballwin meet.

MEETS THIS WEEK

DUAL MEET

This week, we swim and dive our friendly rival Kirkwood at home, so that means:

Diving warm-ups 2:30 p.m.; Diving meet 3:00 p.m.

Swimming warm-ups 5:30 p.m.; Swim meet 6:00 p.m.

Let's finish with a BANG!

JUNIOR SWIM MEET

The Junior Swim Meet begins at 9:00 a.m. this Thursday, July 15, so all swimmers who began on Juniors should plan to be at the pool ready to warm-up at 8:45 a.m. We'll be recruiting parent volunteers that morning. The meet will be followed by an awards ceremony, complete with donuts and juice.

DIVE CONFERENCE

10 and under Diving Prelims and Finals July 16 (Webster warms up at 6:15 a.m.)

Ages 11 and older Diving Prelims and Finals July 17 (Webster warms up at 6:30 a.m.)

Meet starts both days at 8:15 a.m. at North Pointe Aquatic Center (Ballwin; see last newsletter for directions.) Divers must have competed in two dual meets to be eligible for conference. Entries are due to Julia at practice Monday morning, July 12, as Ballwin has set 5:00 p.m. on Monday as the deadline for all dive sheets. Changes in dive sheets can be made up until 30 minutes prior to the start of the meet. Get good sleep the night before. Bring nutritious snacks and stay hydrated. Look for our tent on deck. GO WEBSTER!

SWIM CONFERENCE ENTRIES

Remember, you must affirmatively enter for conference. Craig Hannick should already have the form that was included in the last newsletter from each swimmer expecting to swim in conference. If you have not yet turned that in, please get that to him by the end of the day Tuesday, as he and Lea have to select events and turn it in by week's end.

CONFERENCE VOLUNTEERS NEEDED

Any parent who has a swimmer in the conference FINALS will be REQUIRED to work the meet if asked by the volunteer coordinators. We will ask those who need their second meet completed first, but may have to spill into third meets for some super stupendous volunteers. Conference takes a LOT of helpers, so we appreciate your willingness to assist.

GET READY FOR SWIM CONFERENCE

Everyone who has competed in two dual meets (the partially rained out Ballwin meet counts as one) is eligible to compete in conference prelims. Swim Conference prelims are hosted by and held at Kirkwood, located at 111 S. Geyer. See web site for directions or call 984-6971. Parking is always difficult with 800 or so competitors, so plan to arrive ½ hour early. Finals are hosted by Webster Groves (Yea! Home pool advantage!) Here's the schedule:

Monday, July 19 Prelims for 11 and older Kirkwood
Warm-ups 6:45 a.m.; Start 7:30 a.m. Webster has lanes 1-4

Tuesday, July 20 Prelims for 10 and younger Kirkwood
Warm-ups 7:00 a.m.; Start 7:30 a.m. Webster has lanes 1-4

Thursday, July 22 Finals for all ages Webster Groves
(top 16 from prelims qualify plus two alternates)
Warm-ups 5:00 – 5:20 p.m.; Start 6:00 p.m. Webster has lanes 1-3

[Raindate for either prelim is Wednesday, July 21 (same times.) Raindate for finals is Friday, July 23 (same times.) If needed, we will postpone our awards pot luck pool party until July 30.]

The half team who doesn't have prelims will still have practice on the days on which they don't have prelims. We encourage you to attend your own age group. Schedule is as follows:

Monday, July 19
Ages 9-10 8:00 – 8:50 a.m.
Ages 8 & under 9:00 – 9:40 a.m.

Tuesday, July 20 (only conference finalists and alternates)
Ages 13-18 7:00 - 7:50 a.m.
Ages 11-12 8:00 - 8:50 a.m.

Wednesday and Thursday, July 21-22, a light practice for conference finalists only (all ages) conducted by our regular coaches.

Ages 13-18 7:30 - 8:30 a.m.
Ages 12 & younger 8:30 - 9:30 a.m.

NO SHOWS = NO FUN!

It has been brought to my attention that there have been more no-shows of late. It's important that you notify Craig Hannick AS SOON AS HUMANLY POSSIBLE if your child will not be at a meet for which you originally thought (s)he would. E-mail him at channick@sluh.org. You should know that not only does it impact individual events and team scores, but perhaps even more importantly, relay teams are affected. It's no fun for coaches to scramble at the last minute to find someone to fill in and it's a shame if three other kids can't swim because one didn't show.

SLIDE SHOW PHOTOS NEEDED

Cathryn Gowan is already assembling the end-of-season slide show. Please e-mail any good photos of swimmers and divers to her at cpg228@yahoo.com – the sooner, the better! Banquet addendum to come out later this week.

SPIRIT WEAR

Mary Greaves is filling in for Colleen Duchild to make sure spirit wear orders get to those who placed them. If you have not yet been contacted by Mary about your order, please touch base with her at practice. Also, the team will have a random collection of spirit wear samples for sale at practices this week.

THANKS SWIM TEAM!

Thanks primarily to the swim team members, parents and friends, the Rotary Club raised nearly \$700 to go toward water safety lessons for kids through Webster-Rock Hill Ministries. Funds raised will primarily be used for instruction (provided by our awesome high school swimmers!) and transportation to lessons. Those who participated will receive a ticket to the Rotary Pancake Festival in the swimmers' boxes this week.